Summary of findings:

34. Topical quinolone antibiotic compared to topical antiseptic for chronic suppurative otitis media

Patient or population: Children and adults with chronic suppurative otitis media.

Setting: Primary health care

Intervention: Topical quinolone antibiotic (Studies used: Ofloxacin 3 drops, three times daily and Ciprofloxacin 3-6 drops twice to three times daily.) Duration varied from 10 days to 4 weeks.

Comparison: Topical antiseptic (Studies used: 1 to 5% Povidone iodine, 2% Acetic acid, 2% Boric acid and 1% Aluminium acetate). Duration varied from 10 days to 4 weeks

Outcome № of participants (studies)	Relative effect (95% Cl)	Anticipated absolute effects (95% CI)			Quality	What happens
		Without Topical quinolone antibiotic	With Topical quinolone antibiotic	Difference		
Persistent discharge assessed with: otoscopy follow up: range 2 to 4 weeks № of participants: 702 (5 RCTs) ^{1,2,a}	RR 0.56 (0.46 to 0.67)	57.0%	31.9% (26.2 to 38.2)	25.1% fewer (30.8 fewer to 18.8 fewer)	MODERATE bc	In patients with CSOM treated with topical quinolone compared to topical antiseptic there are probably fewer patients with persistent discharge at 2-4 weeks follow-up. NNT ~ 4.
Healing of the tympanic membrane assessed with: otoscopy follow up: median 4 weeks № of participants: 399 (1 RCT) ^{2,d}	RR 1.54 (0.91 to 2.61)	10.1%	15.5% (9.1 to 26.2)	5.4% more (NS) (0.9 fewer to 16.2 more)	DOM et	In patients with CSOM treated with topical quinolone compared to topical antiseptic there is possibly no difference in healing of the tympanic membrane at 4 weeks. NNT Not Applicable

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio; NS: Not significant; NNT: Number needed to treat; NNH: Number needed to harm

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

Explanations

a. Studies taken from: (1) Cochrane review, Macfadyen 2005 (van Hasselt 1997, Fradis 1997, Jaya 2003, Macfadyen 2005) and (2) Loock 2012

b. Risk of Bias: Attrition bias (van Hasselt 1997) noted however only small number in meta-analysis and removal does not affect overall result of data. Not rated down.

- c. Indirectness: various antiseptic solutions used
- d. Studies taken from: Cochrane review, Macfadyen 2005 (Macfayden 2005)
- e. Imprecision: Small studies / optimal information size not reached

f. Imprecision: Single study

References

Loock JW. A randomised controlled trial of active chronic otitis media comparing courses of eardrops versus one-off topical treatments suitable for primary, 1. Secondary and tertiary healthcare settings. Clinical oblaryngology : official journal of ENT-UK ; official journal of Netherlands Society for Oto-Rhino-Laryngology & Cervico-Facial Surgery. 2012;37(4):261-70. Epub 2012/07/19. doi: 10.1111/j.1749-4486.2012.02532.x. PubMed PMID: 22804826.
Macfadyen CA, Acuin JM, Gamble C. Topical antibiotics without steroids for chronically discharging ears with underlying eardrum perforations. The Cochrane database of systematic reviews. 2005(4):Cd004618. Epub 2005/10/20. doi: 10.1002/14651858.CD004618.pub2. PubMed PMID: 16235370.